My favorite sport is downhill skiing. You're outdoors in a beautiful setting-surrounded by snow-capped mountains. It's just you- the mountains- and the sky. But best of all is the thrill of speeding down the mountain- going as fast as you dare. You feel as if you are one with nature, while at the same time you are like a speeding train- with the wind whooshing through your hair and the sun beating down on your face. Nothing like it!

## Free-time activities (hobbies and sports)

1) Label the pictures with eight words from the box.
surfing the Net / ice skating / video games / jogging / taking photos / reading books / football / dancing / watching films / swimming / listening to music / athletics / drama/board games / basketball / cycling / rollerblading / ice hockey / gymnastics / drawing / fashion / skateboarding /


2 $\qquad$ 3


4 $\qquad$ 5 $\qquad$ 6


7 - 8 $\qquad$
2) Complete the sentences with the suitable words, two words are extra.
fashion / swimming / reading books / watching films / listening to music / volleyball / surfing the Net / board games / go bowling / jogging

1. Ann's really into $\qquad$ . She goes to the cinema every weekend.
2. I like $\qquad$ . My favourite writer is Joanne Rowling.
3. Ted's keen on $\qquad$ . He plays for the school team.
4. Sarah likes $\qquad$ . Her favourite singer is Adele.
5. John is not very keen on $\qquad$ . He doesn't pay any attention to new trends in clothes.
6. Dave's really interested in $\qquad$ . He likes looking at movie websites.
7. I quite like $\qquad$ - especially in the sea.
8. Jack doesn't like playing $\qquad$ . He prefers outdoor games such as football.

## 3) Write three true sentences about the activities in ex. 1 and 2. Use the underlined phrases from ex. 2

| 1. I $\qquad$ but I <br> 2. I $\qquad$ but I <br> 3. I $\qquad$ but I |  |
| :---: | :---: |
|  |  |
|  |  |

With sports, we normally use:
Play- for team sports and ball sports.
I play basketball.
Go- for sports that end in - ing He goes swimming.

Do- for individual sports not ending in -ing and with combat sports even if they end in - ing do gymnastics, do karate, do boxing
4) Complete the sentences with do, play or go. Use the present simple tense.

| 1. Peter $\qquad$ tennis three times a week. <br> 2. Sarah $\qquad$ gymnastics on Saturday evenings. |  |
| :---: | :---: |
|  |  |
| 3. Kate usually ___ rollerblading in the park. |  |
| 4. Peter doesn't ___ badminton with his friends. |  |
| 5. He doesn't $\qquad$ athletics at school. |  |
| 6. We often ___ jogging in the morning. |  |

5) Underline the correct words.
1. I don't do/play a musical instrument.
2. Tom likes surfing the computer/the Net.
3. Jane does/plays gymnastics.
4. We go for a film / a walk on Sunday evenings.
5. I'm keen on watching / doing sport on TV.
6. He's interested in doing/playing video games.

## KEY

Ex. 1)
1 - football 2 -taking pictures 3 -drawing $\quad 4$-swimming 5 -reading books
6 - ice hockey 7 - surfing the Net 8 - dancing
Ex. 2)

1. watching films
2. reading books
3. volleyball
4. listening to music
5. fashion
6. surfing the Net
7. swimming
8. board games

Ex. 3)
Students' own answers
Ex. 4)

1. plays
2. does
3. goes
4. play
5. do
6. go

Ex. 5)

1. play
2. the Net
3. does
4. a walk
5. watching
6. playing
scaricato da www.risorsedidattiche.net

## Kids and sports

## Jack:

I really love soccer. I'm a member of our school soccer team and I play four times a week.
I also quite like cricket and I play it a lot in summer. I don' $\dagger$ like table tennis. I think it's boring.

## Sally:

I absolutely hate gymnastics. Our gym teacher is really horrible. What I like best is swimming because I' $m$ very good at it. I can swim the hundred metres faster than the other kids in my class. I also quite like badminton.

## Joe:

I have one favourite sport and that's cycling. But I don't like the sports we do at school.
Wre play football and basketball. I think they' re stupid games and I think they' re boring.

## Ronnie:

I think basketball is great. I' d like to be a professional basketball player when I grow up. It's a really exciting and interesting game. My two brothers
 are in a basketball team and they teach me a lot. I don' $\dagger$ like volleyball or skating I think they' re are boring.

Fill in: do or play or go
golf
skiing
gymnastics
soccer
swimming
tennis
skating
basketball
judo
hikina
volleyball
........ karate
........ cricket
........ athletics
........ badminton
........ cycling
........ tennis
........ jogging
........ table tennis
........ sports

## Cathlyn:

I don' $\dagger$ like sports at school very much, but I like going fishing with my dad. It's great fun and it's very exciting. Sometimes, in the holidays, we go to Scotland and go deep-sea fishing.

## Isabelle:

My favourite sport is karate. I also like tennis very much, but we don' $\dagger$ play it in my school, so I go to a club with my best friend. I' m not very good at swimming and I really don' $\dagger$ like it very much.

Tick off - true or false?


7. Ronnie thinks skating is boring.
Dtrue $\square$ false

5. Joe likes
riding a bike.


Write about your favourite sports and the sports you don't like!

My favourite sport is I think it's
I also like
I'mgood at $\qquad$
and $\qquad$
At school I
I don't like and
I think they' re
I'm not good at

Fill in: do or play or go

| play golf | play volleyball <br> go skiing <br> do gymnastics <br> play soccer |
| :--- | :--- |
| go swimming | play cricket |
| do athletics |  |
| play tennis | play badminton |
| go skating | go cycling |
| play basketball | play tennis |
| do judo | go jogging |
| go hiking | play table tennis |
| do sports |  |


| 1. Sally's gym <br> teacher is <br> terrible. <br> atrue afalse | 2. Cathlyn and <br> her dad go <br> fishing. <br> atrue afalse |
| :--- | :--- |

4. Isabelle
doesn' + play
tennis at
school.
םtrue afalse
5. Ronnie
thinks skating
is boring.
口true afalse
6. Ronnie is a professional basketball player. Dtrue Dfalse
7. Jack plays cricket in spring.

Dtrue Dfalse
8. Sally can
swim 100 m
very fast.
Dtrue ロfalse
9. Jack plays soccer every day.

Dtrue $\square$ false

## NOTHING BUT SPORTS!

Write the names of the sports under the correct pictures:


## KEY

1. ROLLERBLADING
2. AEROBICS
3. ICE SKATING
4. GOLF
5. TABLE TENNIS
6. CRICKET
7. MOTOR RACING
8. SKIING
9. RUNNING
10.MOTORCYCLING
10. POLO
11. CYCLING
12. ROCK CLIMBING
13. FOOTBALL
14. JUDO
15. RUGBY
16. BASKETBALL
17. HORSEBACK RIDING
18. ARCHERY
19. BASEBALL
20. FENCING
21. DIVING
22. SAILING
23. VOLLEYBALL
24. SKATEBOARDING
25. TENNIS
26. WEIGHTLIFTING
27. JET SKIING
28. WINDSURFING
29. BOXING
30. HIKING
31. ROWING
$\qquad$

## P6 frinc deopte

Look at the pictures and complete the chart with the name of the people and the sport they are practicing:



Decide whether to use PLAY, GO or DO and complete the table.
Soccer boxing ice-hockey football skating rugby gymnastics dancing bowling golf skating rugby gymnastics dancing
judo running
hockey swimming volleyball cycling chess kungfu aerobics yoga sailing hiking athletics puzzles table tennis
ing chess skiing karate


| Basketball | Swimming | Parate |
| :---: | :---: | :---: |
| Rugby | Dancing | Press-ups |
| Table tennis | Running | Judo |
| Football | Skating | Gymnastics |
| Hockey | Cycling | Aerobics |
| Volleyball | Sailing | Yoga |
| Chess | Skiing | Athletics |
| Ice-hockey | Hiking | Puzzles |
| Golf | Fishing | Boxing |
| Soccer | Bowling | Kungfu |



The British have a reputation for being mad about sports. In fact they like watching sports more than playing them. The British are spectators and the most popular spectator sports are cricket and football.

Football is the most popular game. Football, or soccer, is an example of a professional game. The game of football was first played in Britain, and later people began to play football in other countries. There are many amateur soccer players in Britain who play the game on Saturday or Sunday afternoon. Amateur clubs often play against professionals. Almost every school has its football team and every boy in Britain knows a lot about the game. He can tell you the names of the players in the most important teams, he has pictures of them and knows the results of many matches.

Rugby is another popular British sport which is played in other countries. It is also called rugby football. The story is told that in 1823 boys at Rugby school in England were playing football in the normal way, when suddenly one boy picked the ball up and ran with it. That was how a new game was born. There are two forms of rugby football: the amateur game and the professional game. The two games have different rules.

Football is the favourite winter game in Britain and cricket is the favourite summer sport. Amateur cricket has the same rules as the professional game. A typical amateur cricket match takes place on a village green, an open space in the centre of the village. It is played between two teams - the "home" team and the "visitors" who come from another village.


Write if the following sentences are true (T) or false (F):
a) The British like watching sports more than playing them.
b) The most popular spectator sports are rugby and football.
c) The game of football was first played in the USA.
d) A typical amateur cricket match takes place on a village green.

Choose the right word:
a) Football is the most popular
 (game/sport).
b) The forms of rugby football have (different/the same) rules.
c) Football is the most favourite (summer/winter) game in Britain.
d) Amateur cricket has (different/ the same) rules as the professional game.



According to the story complete these sentences:
a) Football, or soccer, is an example of a ....

1) amateur game; 2) professional sport; 3) professional game.
b) There are many amateur soccer players in Britain who play the game on.....
2) Thursday or Sunday afternoon; 2) Saturday or Sunday afternoon ; 3) Saturday or Sunday evening.
c) .....is another popular British sport which is played in other countries.
1)Cricket; 2) Rugby ; 3) Football.
d) .... is the favourite summer sport.
3) Cricket; 2) Rugby ; 3) Football.

Answer the following questions:
a) What reputation do the British have?
b) What are the most popular games in Britain?
c) What do you know about amateur soccer players in

Britain?
d) How is a typical amateur cricket played?
e) How was Rugby born? (3-4 sentences)



scaricato da www.risorsedidattiche.net

scaricato da www.risorsedidattiche.net

scaricato da www.risorsedidattiche.net



## 1.Useful words and phrases:

Go in for...
A fan/a spectator
Do judo exercise/yoga/aerobics/sport
Play volley-ball/basketball/chess/table tennis/football
Go cycling/running/jogging/skateboarding/jumping
Go to figure-skating lessons/the gym
Beat/defeat/loose/win...
The loser/the winner
Score the goals/points
End in a draw.
Hold the record
Break the Olympic record
Give up/take up...
Be in good shape
Be fit
Lift weights
 Admire...

## 3.Read and change the underlined words:

P: Say, what's your favourite sport?
B: It's hard to say. I like chess a lot, but I guess I like tennis better.
$\mathbf{P}$ : Do you play much tennis?
B: Yes, quite a bit. How about a game sometime?
P: Sorry, I'm strictly a spectator. Hockey, football, volley-ball, golf - I watch them all.

## 5. Your experience:

What's your favourite sport? Do you prefer playing or watching sports? Do you go in for sports? How often do you exercise? Where do you exercise? Do you have a regular fitness programme? How often do you take long walks? Where do you go? What else do you do to keep fit? What is your favourite spots team? Who is your favourite sportsman?

## 2. Read and say what sport it is about:

A: You know, now I go to $\qquad$ lessons!
B: Really? And how are you doing?
A: Great! I'm totally delighted! First we learn to dance in a room and then we practice on ice.
B: How interesting...
A: It's a very beautiful sport. Why don't you go with me?
B: Me? Well, I don't like when it's cold. Then, it's very dangerous. You can fall and break something.
A: Don't be afraid! Every sport is a bit dangerous.
Besides, after these lessons all our friends will envy us!
B: But it's dangerous!
A: Not at all! There is special protection on your knees. It's absolutely safe!
B: Ok, maybe I'll come to one lesson.
A: Yeah! I'm so happy! I'll have a partner again!
B: And what happened to your previous partner?
A: Nothing terrible... Last lesson I fell over him and broke his arm.

## 4. Fill in the missing words:

B: Did you go to the __ game on Saturday?
A: No, I couldn't make it.
B: You missed a really __game!
A: Oh, really? Who __?
B: Our college did. They __really well.
A: I really wanted to go.
B: It was really exciting!
A: What was the $\qquad$ ?

B: The score was $\qquad$ .
A: That was a really close game.
B: That's what made it so $\qquad$ .

6. Guess: What sport is this?
a) Each team may have up to eleven players,' only seven of whom are allowed to play at the same time. One team should wear blue caps, the other white. Players must not splash water into on opponent's face.
b) The two contestants must bow to each other at the start of the contest. They should wear white clothing. Contestants must only attack the arms and legs of their opponent. They should not get overexcited.
c) Each team must have eleven players. The two teams should wear different colours. Only the goalkeeper is allowed to play the ball with his/her hands or arms.
d) The game can be played by two or four players. The players should not wear white. The players must change positions after each game. The ball Imust touch the table on both sides of the net each time it is hit.

