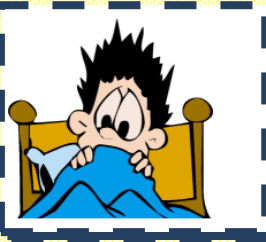
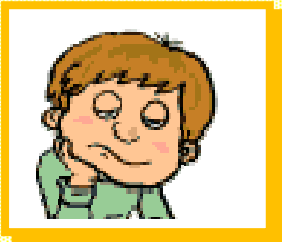


FEELINGS AND EMOTIONS 1

Choose the correct answer.



- a) Scared
- b) Frightened
- c) Afraid



- a) Nice
- b) Bored
- c) Cheerful



- a) Lazy
- b) Crazy
- c) Happy



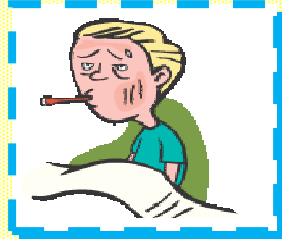
- a) Hardworking
- b) Miserable
- c) Busy



- a) Lucky
- b) Miserable
- c) Funny



- a) Stupid
- b) Clever
- c) Intelligent



- a) Loving
- b) Generous
- c) Ill



- a) Excited
- b) Embarrassed
- c) Disappointed



- a) Generous
- b) Clumsy
- c) Hot



- a) Nervous
- b) Tired
- c) Exhausted



- a) Happy
- b) Nice!!
- c) Furious



- a) Cold
- b) Honest
- c) Hot



- a) Confused
- b) Charming
- c) Excited



- a) Dishonest
- b) Brave
- c) Envious



- a) Annoyed
- b) Friendly
- c) Full



- a) Greedy
- b) Clumsy
- c) Ashamed



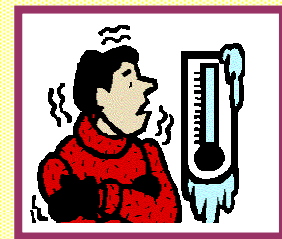
- a) Intelligent
- b) Bright
- c) Clever



- a) Unhappy
- b) Sad
- c) Cheerful



- a) Absent-minded
- b) Hardworking
- c) Ashamed



- a) Hot
- b) Angry
- c) Cold



- a) Busy
- b) Frightened
- c) Full



- a) Depressed
- b) Happy
- c) Down



- a) Honest
- b) Arrogant
- c) Fat



- a) Hungry
- b) Greedy
- c) Grumpy



- a) Excited
- b) Disgusted
- c) Annoyed

Feelings

Match the adjectives in the box below to the feelings in the movie *Inside Out*.
Then underline the right adjective in the sentences.



afraid ● alarmed ● annoyed ● bitter ● blue ● cheerful ● cross ● delighted
depressed ● eager ● envious ● ecstatic ● frightened ● furious ● glad ● gloomy
grumpy ● homesick ● irritated ● miserable ● nasty ● scary ● sick ● upset ● worried

Joy



Disgust



Fear



Anger



Sad



- Mary was a **nasty** / **cheerful** / **gloomy** person who started rumours about all kinds of people.
- I'm **irritated** / **eager** / **upset** to show you my new laptop. I love it. It's amazing!
- Mum was so **delighted** / **homesick** / **cross** with me when she saw that my room was really untidy.
- Karl is always **envious** / **afraid** / **grumpy** in the morning. He doesn't like talking to anybody.
- Rainy days make many people feel **blue** / **furious** / **scary**.
- I have felt **alarmed** / **cross** / **homesick** since she moved out. I miss my friends and my old house.
- Erin felt **ecstatic** / **gloomy** / **frightened** when she split up with her boyfriend.
- I'm really **worried** / **miserable** / **cheerful** about my exams results. The last one was so hard!
- My friend is **depressed** / **envious** / **eager** of my success. She always wants to be the best!
- Tom was absolutely **upset** / **delighted** / **worried** with my birthday present. He smiled and thanked.
- Ann felt **delighted** / **annoyed** / **sick** when she heard her brother shouting while she was studying.
- The little boy feels **depressed** / **grumpy** / **glad** because his dog has just died.
- This morning my boss was **ecstatic** / **frightened** / **irritated** when I arrived late again.
- Dishonest people make me feel **blue** / **sick** / **gloomy**.
- People in Paris are really **bitter** / **alarmed** / **glad** with the terrorist attacks.
- She was **ecstatic** / **gloomy** / **grumpy** to learn that she was soon to be a grandmother. Great news!
- Erin felt **scary** / **miserable** / **afraid** after she lied to her friend. She is really sorry now.
- Fiona is a **bitter** / **cheerful** / **homesick** old neighbour of mine. She can't stand children!

Feelings

Match the adjectives in the box below to the feelings in the movie *Inside Out*.
Then underline the right adjective in the sentences.



afraid ● alarmed ● annoyed ● bitter ● blue ● cheerful ● cross ● delighted
depressed ● eager ● envious ● ecstatic ● frightened ● furious ● glad ● gloomy
grumpy ● homesick ● irritated ● miserable ● nasty ● scary ● sick ● upset ● worried

Joy



cheerful
delighted
eager
ecstatic
glad

Disgust



bitter
envious
nasty
sick
upset

Fear



afraid
alarmed
frightened
scary
worried

Anger



annoyed
cross
furious
grumpy
irritated

Sad



blue
depressed
gloomy
homesick
miserable

- Mary was a nasty / cheerful / gloomy person who started rumours about all kinds of people.
- I'm irritated / eager / upset to show you my new laptop. I love it. It's amazing!
- Mum was so delighted / homesick / cross with me when she saw that my room was really untidy.
- Karl is always envious / afraid / grumpy in the morning. He doesn't like talking to anybody.
- Rainy days make many people feel blue / furious / scary.
- I have felt alarmed / cross / homesick since she moved out. I miss my friends and my old house.
- Erin felt ecstatic / gloomy / frightened when she split up with her boyfriend.
- I'm really worried / miserable / cheerful about my exams results. The last one was so hard!
- My friend is depressed / envious / eager of my success. She always wants to be the best!
- Tom was absolutely upset / delighted / worried with my birthday present. He smiled and thanked.
- Ann felt delighted / annoyed / sick when she heard her brother shouting while she was studying.
- The little boy feels depressed / grumpy / glad because his dog has just died.
- This morning my boss was ecstatic / frightened / irritated when I arrived late again.
- Dishonest people make me feel blue / sick / gloomy.
- People in Paris are really bitter / alarmed / glad with the terrorist attacks.
- She was ecstatic / gloomy / grumpy to learn that she was soon to be a grandmother. Great news!
- Erin felt scary / miserable / afraid after she lied to her friend. She is really sorry now.
- Fiona is a bitter / cheerful / homesick old neighbour of mine. She can't stand children!

Feelings and emotions



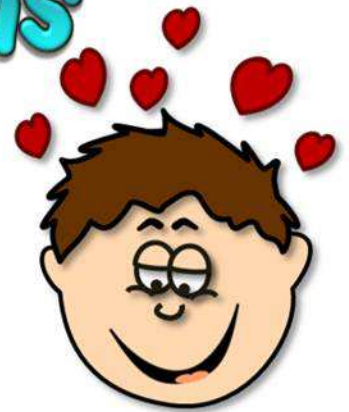
- a) hot
- b) excited
- c) cold



- a) shy
- b) hungry
- c) surprised



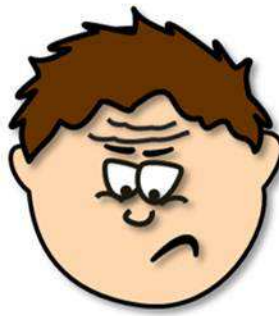
- a) happy
- b) shy
- c) angry



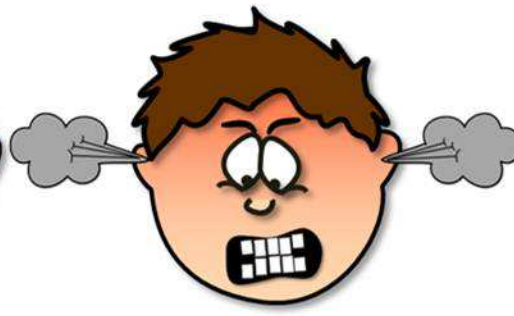
- a) in love
- b) sad
- c) shocked



- a) frightened
- b) sleepy
- c) lonely



- a) frustrated
- b) patient
- c) glad



- a) merry
- b) cheerful
- c) furious



- a) disgusted
- b) bossy
- c) satisfied



- a) brave
- b) bored
- c) hot



- a) comfortable
- b) surprised
- c) jealous



- a) sad
- b) optimistic
- c) relaxed



- a) scared
- b) joyful
- c) lonely



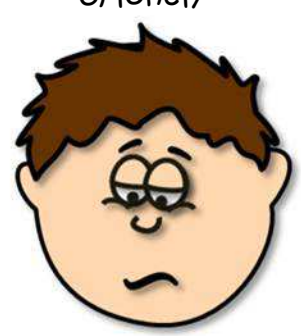
- a) shocked
- b) worried
- c) exhausted



- a) proud
- b) angry
- c) amazed



- a) happy
- b) jealous
- c) envious



- a) excited
- b) comfortable
- c) bored

Feelings and emotions



- a) hot
- b) excited
- c) cold



- a) shy
- b) hungry
- c) surprised



- a) happy
- b) shy
- c) angry



- a) in love
- b) sad
- c) shocked



- a) frightened
- b) sleepy
- c) lonely



- a) frustrated
- b) patient
- c) glad



- a) merry
- b) cheerful
- c) furious



- a) disgusted
- b) bossy
- c) satisfied



- a) brave
- b) bored
- c) hot



- a) comfortable
- b) surprised
- c) jealous



- a) sad
- b) optimistic
- c) relaxed



- a) scared
- b) joyful
- c) lonely



- a) shocked
- b) worried
- c) exhausted



- a) proud
- b) angry
- c) amazed



- a) happy
- b) jealous
- c) envious



- a) excited
- b) comfortable
- c) bored

How Are You Feeling Today?



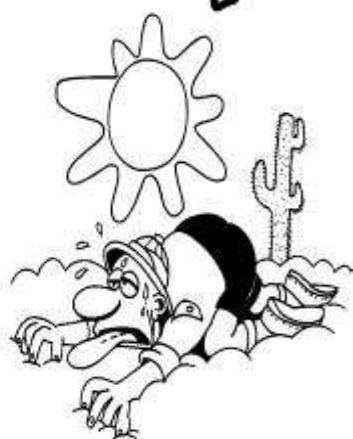
excited



happy



thoughtful



hot



mad



angry



nervous



furious



tired



scared



in love



pleased



sick



relaxed



cold



sad

FEELINGS AND EMOTIONS

Match the feeling with the correct picture.

1. Mary feels **HAPPY** when she rides her bike.
2. It makes Kim feel **SAD** when she has no one to play with.
3. Jenny is **CRYING** because she hasn't got a doll.
4. Johana is **CONFUSED** because she doesn't know if she got an F or an A in her test.
5. I feel so **TIRED** because I've worked all night!
6. She is in **LOVE**. She can't stop thinking about her boyfriend.
7. Sarah is so **FURIOUS** because someone drove into her car.
8. Karen looked at Peter with a **SURPRISED** expression.
9. Minny is scared! She saw an ovni!!
10. Samantha feels **NERVOUS** whenever she has to go to her boss' office.



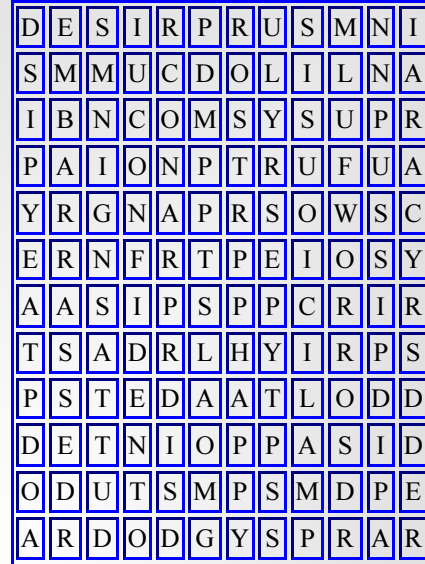
FEELINGS AND EMOTIONS

WRITE THE ADJECTIVES UNDER THE RIGHT PICTURE AND FIND THEM IN THE WORDSEARCH



SAD - DISAPPOINTED - HAPPY - CONFIDENT -
ANGRY - EMBARRASSED - SURPRISED -
MALICIOUS - SORROWFUL

WORDSEARCH



- 1-.....
- 2-.....
- 3-.....
- 4-.....
- 5-.....
- 6-.....
- 7-.....
- 8-.....
- 9-.....

COMPLETE THE SENTENCES USING THE RIGHT ADJECTIVE FROM THE BOX

ANGRY DISAPPOINTED SAD HAPPY SURPRISED
EMBARRASSED CONFIDENT

- 1-SHE IS VERYBECAUSE TODAY IT'S HER BIRTHDAY
- 2- HE FEELSAT THE MEETING BY HIS LACK OF INFORMATION
- 3- I WASTO SEE HIM AT THE PARTY
- 4- THE HEADMASTER WAS..... WITH ME BECAUSE OF MY BAD BEHAVIOUR AT SCHOOL
- 5-SHE WAS VERYWHEN SHE HEARD THE BAD NEWS
- 6-THE KIDS FELTBECAUSE THEY COULDN'T GO TO THE ZOO
- 7-THE KIDS FEELABOUT THE EXAM RESULTS

READ AND MATCH

- 1-WHEN YOU ARE ASHAMED OR UNCOMFORTABLE YOU FEEL.....
- 2- WHEN YOU ARE UNHAPPY YOU FEEL.....
- 3- WHEN SOMETHING UNEXPECTED HAPPENS YOU FEEL.....
- 4-WHEN YOU FEEL UNHAPPY BECAUSE SOMETHING YOU HOPED DIDN'T HAPPEN YOU FEEL.....
- 5-IF YOU FEEL SECURE THAT SOMETHING WILL HAPPEN YOU FEEL.....

A-CONFIDENT
B-SAD
C-EMBARRASSED
D-DISAPPOINTED
E-SURPRISED

crazy



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angry



© Simsis Technologies, Inc.
ARTUEX.COM

exhausted



© Simsis Technologies, Inc.
ARTUEX.COM

frustrated



© Simsis Technologies, Inc.
ARTUEX.COM

furious



© Simsis Technologies, Inc.
ARTVEX.COM

happy



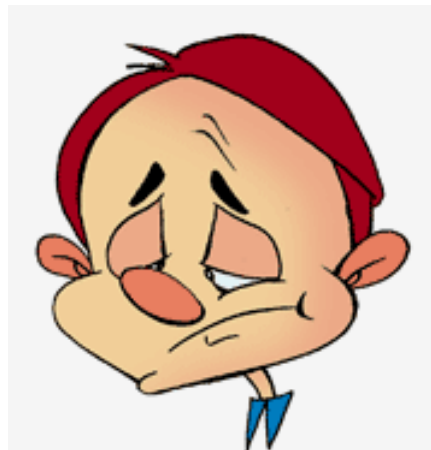
© Simsis Technologies, Inc.
ARTVEX.COM

shocked



© Simsis Technologies, Inc.
ARTVEX.COM

shy



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ARTVEX.COM





















sleepy

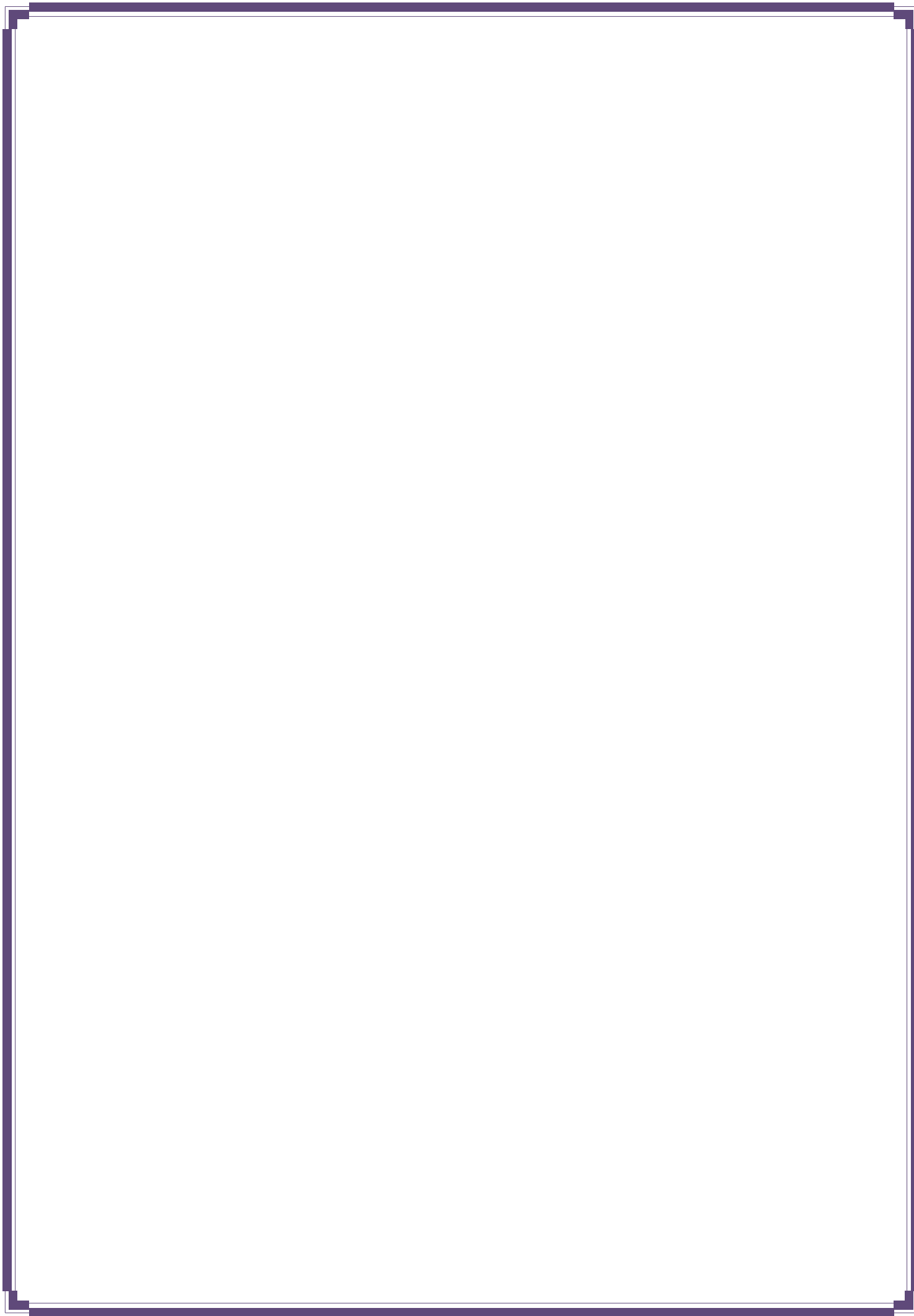


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FEELINGS IN THE CLASSROOM

ATTENDING SCHOOL MIGHT MAKE YOU FEEL...

EXCITED  YOU'RE MEETING OLD FRIENDS AND LOTS OF NEW PEOPLE... CAN'T WAIT!	BORED  BECAUSE YOU DON'T LIKE THE LESSON MUCH...	SLEEPY  BECAUSE YOU WENT TO BED LATE LAST NIGHT...	SHY  BECAUSE YOU DON'T KNOW ANYBODY..YET	SAD  BECAUSE YOU'VE CHANGED SCHOOL AND LEFT YOUR FRIENDS BEHIND...
CONFUSED  BECAUSE YOU DON'T UNDERSTAND THE TEACHER AT ALL...	ANGRY  BECAUSE YOU'D RATHER BE SOMEWHERE ELSE...	EAGER  TO LEARN NEW THINGS. (YOU'VE ALWAYS BEEN CURIOUS)...	TIRED AND SWEATY  AFTER YOU P.E. CLASS...	ABSENT MINDED  YOU REALLY FIND IT DIFFICULT TO CONCENTRATE...
TALKATIVE  YOU HAVE MANY THINGS TO TELL YOUR FRIENDS AND CAN'T WAIT...	ANXIOUS  BECAUSE YOU DON'T KNOW WHAT TO EXPECT FROM SCHOOL...	ASHAMED  BEACUSE YOU'VE DONE WRONG AND YOU KNOW IT...	IRRITABLE  WHY IS THAT EVERYTHING UPSETS YOU...?	FRUSTRATED  YOU ARE NOT REALLY GETTING WHAT YOU WANTED...
GLOOMY  YOU DON'T LIKE THE PLACE, YOU DON'T LIKE THE PEOPLE... YOU LIKE NOTHING...	STROPPY  YOU ARE REALLY IN A BAD TEMPER AND WANT EVERYONE TO KNOW ...	LAZY  YOU FEEL LIKE DOING NOTHING TODAY...MAYBE TOMORROW.	NAUGHTY  BEACUSE UPSETTING YOUR CLASS MATES IS YOUR FAVOURITE ACTIVITY	APATHETIC  YOU NO LONGER WANT TO BE AT SCHOOL... YOU'RE NOT INTERESTED ANYMORE



Name.....

Feelings and Emotions 1

Read, match, write and trace.

happy



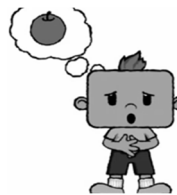
.....

sad



.....

tired



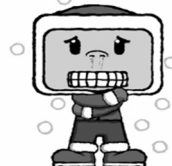
.....

hungry



.....

cold



.....

sick



.....

bored



.....

sleepy



.....

Name.....

Feelings and Emotions 2

Read, circle and write



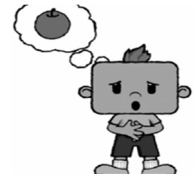
thirsty sleepy hot →



scared bored hot →



sick scared happy →



hungry sad tired →



hungry sleepy tired →



sleepy cold scared →

Name.....

How do you feel ?

Write

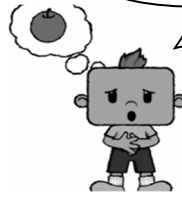
I

feel



I

feel



I

feel



I

feel



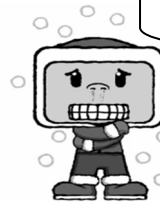
I

feel



I

feel



I

feel



I

feel

Zzz



I

feel



FEELINGS & EMOTIONS#3



satisfied



cheerful



glad



hostile



scared



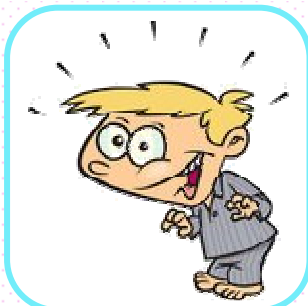
shocked



shy



sleepy



surprised



terrified



tired



worried



desperate



ashamed



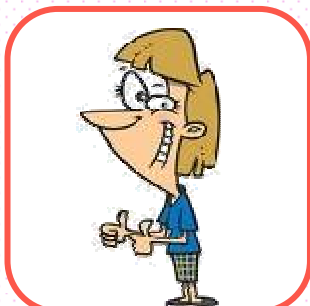
interested



hysterical



upset



pleased



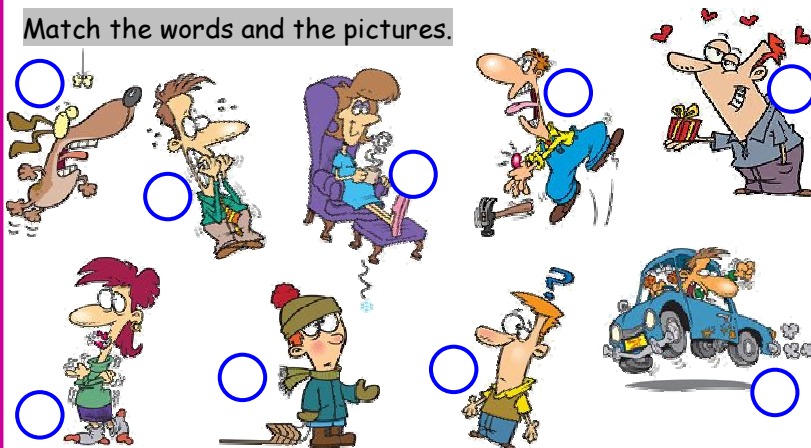
peaceful



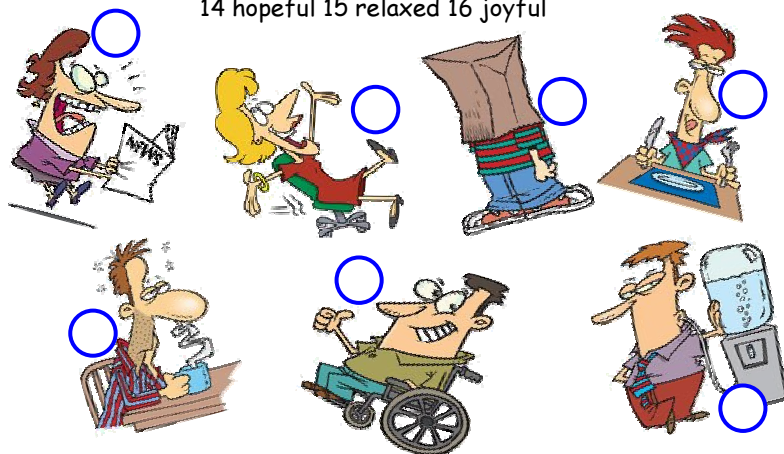
jealous

FEELINGS & EMOTIONS

Match the words and the pictures.



- 1 thirsty 2 angry 3 loving 4 hurt 5 cold 6 sleepy 7 motivated
8 optimistic 9 shocked 10 shy 11 puzzled 12 nervous 13 hungry
14 hopeful 15 relaxed 16 joyful



Write the feelings and emotions in the correct column.

Positive	Negative

hysterical, glad, lazy,
happy, patient,
jealous, motivated,
loving, guilty, relaxed,
terrified, pessimistic,
optimistic, confident,
disappointed, hurt,
enthusiastic, furious,
overwhelmed,
comfortable

What feelings are they?



happy exhausted hopeful confident shy
emotion disappointed hostile busy bored

- 1 Sure that you can do something well, or that something will happen: _____
2 Very unfriendly: _____
3 Very tired: _____
4 Not interested, unhappy because you have nothing interesting to do: _____
5 If you feel very pleased: _____
6 Not able to talk easily to people you don't know: _____
7 If you think that something that you want will happen: _____
8 With a lot of things that you must do, working or not free: _____
9 You feel sad because what you wanted didn't happen: _____
10 A strong feeling: _____

Find ten feelings in the word search.

A	T	R	S	L	A	Z	Y
H	J	K	J	H	U	R	T
L	O	N	E	L	Y	I	P
L	O	T	A	M	E	A	R
G	U	I	L	T	Y	S	O
L	B	R	O	F	W	I	U
A	L	E	U	D	R	A	D
D	O	D	S	B	U	S	Y

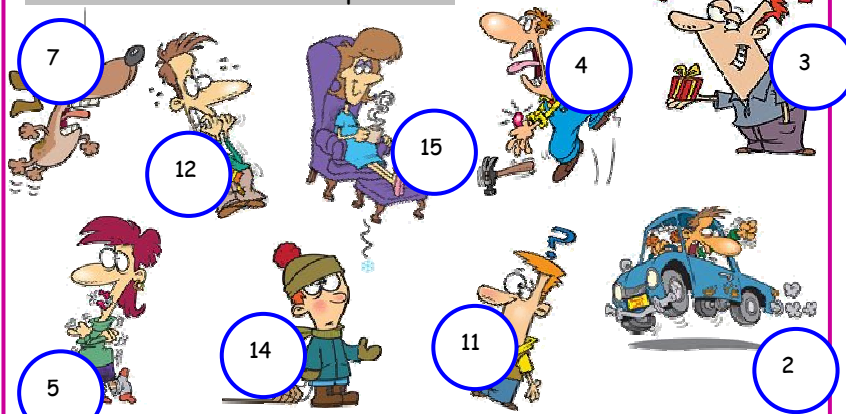
Find the opposite pairs.



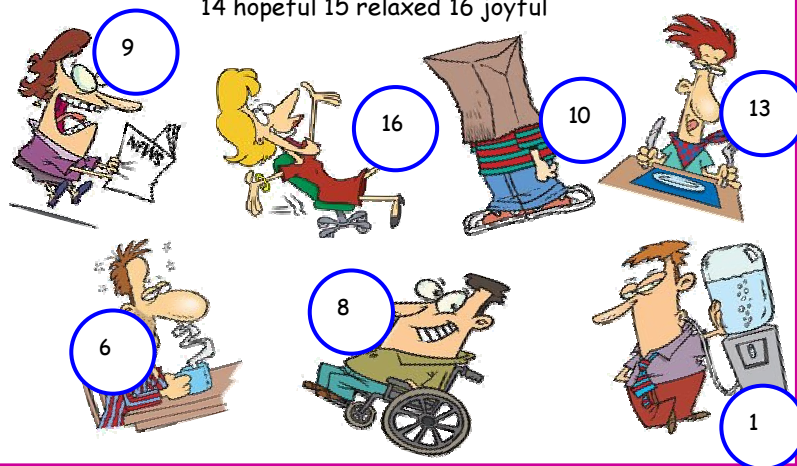
Put the letters in the correct order.

- 1 gyanr: _____
2 niaep tt: _____
3 vnlgoi: _____
4 idrte: _____
5 khdoesc: _____
6 esplye: _____
7 opdru: _____
8 eoinndfct: _____
9 spsrudire: _____
10 yeolln: _____

Match the words and the pictures.



1 thirsty 2 angry 3 loving 4 hurt 5 cold 6 sleepy 7 motivated
8 optimistic 9 shocked 10 shy 11 puzzled 12 nervous 13 hungry
14 hopeful 15 relaxed 16 joyful



Write the feelings and emotions in the correct column.

Positive	Negative
glad, enthusiastic	hysterical
happy	lazy, overwhelmed
patient	jealous
motivated	guilty
loving	terrified
relaxed	pessimistic
optimistic	disappointed
confident	hurt
comfortable	furious

hysterical, glad, lazy,
happy, patient,
jealous, motivated,
loving, guilty, relaxed,
terrified, pessimistic,
optimistic, confident,
disappointed, hurt,
enthusiastic, furious,
overwhelmed,
comfortable

What feelings are they?



happy exhausted hopeful confident shy
emotion disappointed hostile busy bored

- 1 Sure that you can do something well, or that something will happen: **confident**
- 2 Very unfriendly: **hostile**
- 3 Very tired: **exhausted**
- 4 Not interested, unhappy because you have nothing interesting to do: **bored**
- 5 If you feel very pleased: **happy**
- 6 Not able to talk easily to people you don't know: **shy**
- 7 If you think that something that you want will happen: **hopeful**
- 8 With a lot of things that you must do, working or not free: **busy**
- 9 You feel sad because what you wanted didn't happen: **disappointed**
- 10 A strong feeling: **emotion**

Find ten feelings in the word search.

A	T	R	S	L	A	Z	Y
H	J	K	J	H	U	R	T
L	O	N	E	L	Y	I	P
L	O	T	A	M	E	A	R
G	U	I	L	T	Y	S	O
L	B	R	O	F	W	I	U
A	L	E	U	D	R	A	D
D	O	D	S	B	U	S	Y

Find the opposite pairs.

shy - confident
happy - sad
lazy - busy
comfortable - nervous
ashamed - proud
hot - cold
friendly - hostile
optimistic - pessimistic

Put the letters in the correct order.

- 1 gyanr: angry
- 2 niaepst: patient
- 3 vnlgoi: loving
- 4 idrte: tired
- 5 khdoesc: shocked
- 6 esplye: sleepy
- 7 opdru: proud
- 8 eoinndfct: confident
- 9 spsrudire: surprised
- 10 yeolln: lonely